



## Presentation Workout: The 10 Tried-and-Tested Steps That Will Build Your Presenting Skills

By Kate Atkin

Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, Presentation Workout: The 10 Tried-and-Tested Steps That Will Build Your Presenting Skills, Kate Atkin, Arm yourself with everything you need to quickly become an expert presenter. The Presentation Workout has been specially designed to help you perfect the art of presenting in any situation. Packed full of practical advice and easy-to-follow techniques, our 10-step improvement plan will show you how to enhance your skills and ensure you deliver a polished performance every time. \* Test yourself - Establish your strengths and weakness with our pre-workout assessment \* Follow the 10 Steps - Discover the skills that every presenter needs to succeed \* Take action - Learn how to build your new knowledge into your everyday performance \* Face your fears - Increase your confidence and confront the 10 most common presenting challenges Start your presentation workout today and begin exercising your full potential. "Absolutely perfect - full of hints and tips for every type of presentation." Louise Bateman, Human Resources Director, Royal Masonic Benevolent Institution "Brilliantly captures the tips, tools, strategies and techniques of how to become an accomplished presenter. A great read and it's a book that I will be..."

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