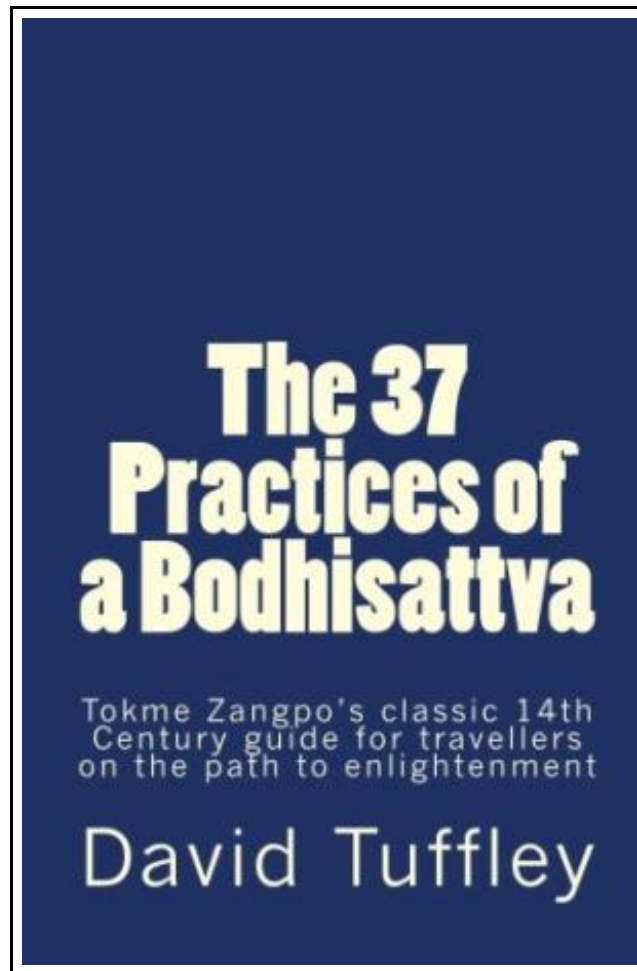


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THE 37 PRACTICES OF A BODHISATTVA: TOKME ZANGPO S CLASSIC 14TH CENTURY GUIDE FOR TRAVELLERS ON THE PATH TO ENLIGHTENMENT



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Createspace, United States, 2011. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Thirty-seven Practices of a Bodhisattva is an ancient text written in the 14th Century BCE by Tokme Zangpo, a Buddhist monk and scholar who was born in Puljung, south west of the Sakya Monastery in Tibet. Thirty-seven Practices seeks to make clear the day-to-day behavior of a Bodhisattva (an nlightened being on their way to attaining full Buddhahood for the benefit of all sentient beings). It serves as a practical guide for those people seeking to travel the path of enlightenment. Though short in length, a person could spend a lifetime perfecting the practices. The work can be seen as a companion to Santideva s classic work the Bodhicaryavatara. While there are English translations of this text, they are a little difficult to understand for many readers living in the 21st Century. The mode of expression and the figures of speech are the product of that far-off time. This book faithfully re-expresses in modern day language the underlying message of the original text. Every effort has been made to preserve the underlying spirit of the message. This work respects the beauty of the original text, yet it brings the even greater beauty of the underlying message to a whole new audience in the modern world who might otherwise find the original text less than easy to fully understand. If you are embarking on the path to nlightenment, or just curious, this little book could be just the change agent you have been looking for. It is said to be one of the Dalai Lama s favorite texts.



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