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## Coaching Youth Softball: A Baffled Parent's Guide

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By Joseph, Jacquie

International Marine/Ragged Mountain Press, 2001. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Preface: Play Ball! Introduction: So You Said You'd Be the Coach, Huh? How to Use This Book A Word on Coaching Part One. Coaching 101: The Coach's Start-Up Kit Chapter 1: Creating an Atmosphere of Good Habits Establish Your Identity as Coach Maintain Routines Positive Peer Pressure Is Effective Be Patient and Positive Drills to Promote Teamwork Questions and Answers Chapter 2: Before Hitting the Field: Softball in a Nutshell Basic Rules and Positioning The Ball Is in Play Basic Safety Measures Chapter 3: Setting Up the Season Create the Practice and Game Schedule Meet with Parents Finding an Assistant Appropriate Numbers of Players on the Team Equipment Questions and Answers Chapter 4: Essential Skills--and How to Teach Them Catching Throwing Infield Defense Outfield Defense Team Defense Playing Catcher Pitching Batting Bunting Baserunning Sliding Chapter 5: The Practice Preparation Is Key Practice Format Other Considerations Questions and Answers Chapter 6: Sample Practices Basic Beginning Practice Intermediate Practice Advanced Practice Pitching Practices Chapter 7: Game Time The Mental Aspect Be Prepared Coaching the Game Taking Stock Questions and Answers Chapter 8: Dealing...



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