



Coaching Youth Softball: A Baffled Parent's Guide

By Joseph, Jacquie

International Marine/Ragged Mountain Press, 2001. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Preface: Play Ball! Introduction: So You Said You'd Be the Coach, Huh? How to Use This Book A Word on Coaching Part One. Coaching 101: The Coach's Start-Up Kit Chapter 1: Creating an Atmosphere of Good Habits Establish Your Identity as Coach Maintain Routines Positive Peer Pressure Is Effective Be Patient and Positive Drills to Promote Teamwork Questions and Answers Chapter 2: Before Hitting the Field: Softball in a Nutshell Basic Rules and Positioning The Ball Is in Play Basic Safety Measures Chapter 3: Setting Up the Season Create the Practice and Game Schedule Meet with Parents Finding an Assistant Appropriate Numbers of Players on the Team Equipment Questions and Answers Chapter 4: Essential Skills--and How to Teach Them Catching Throwing Infield Defense Outfield Defense Team Defense Playing Catcher Pitching Batting Bunting Baserunning Sliding Chapter 5: The Practice Preparation Is Key Practice Format Other Considerations Questions and Answers Chapter 6: Sample Practices Basic Beginning Practice Intermediate Practice Advanced Practice Pitching Practices Chapter 7: Game Time The Mental Aspect Be Prepared Coaching the Game Taking Stock Questions and Answers Chapter 8: Dealing...

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-- Joshua Gerhold PhD

A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

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