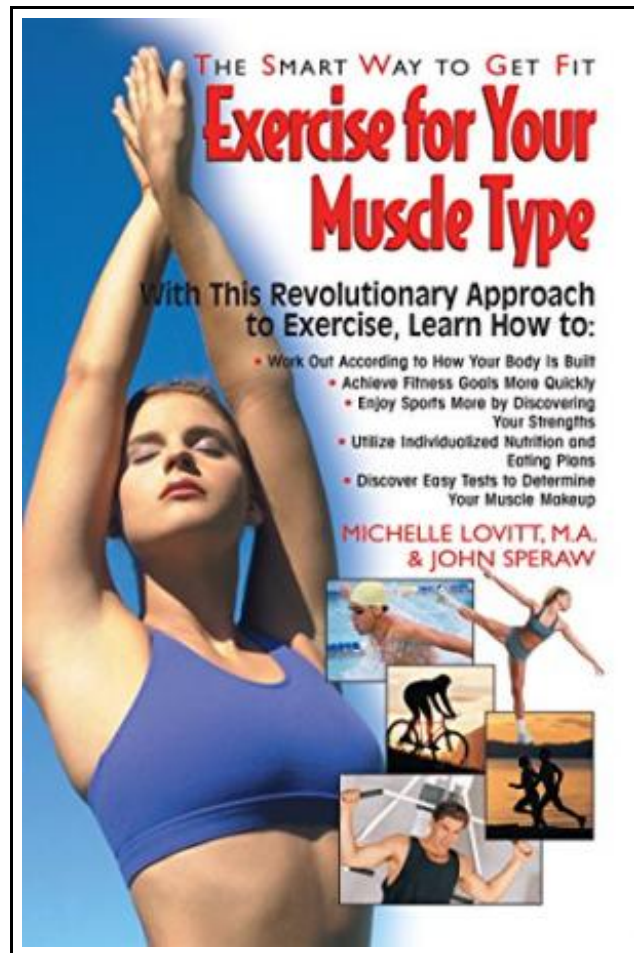


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EXERCISE FOR YOUR MUSCLE TYPE THE SMART WAY TO GET FIT



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