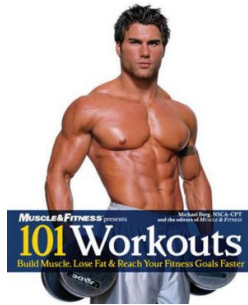


101 Workouts for Men: Build Muscle, Lose Fat & Reach Your Fitness Goals Faster



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