



One-Pot Pasta: From Pot to Plate in Under 30 Minutes (Hardback)

By Sabrina Fauda-Rôle

Hardie Grant Books (UK), United Kingdom, 2016. Hardback. Book Condition: New. 446 x 195 mm. Language: English . Brand New Book. Over 30 delicious dishes that cook in one pot in under 30 minutes Quick to cook, nutritious, and filling, there is often nothing more satisfying than a bowl of pasta. In One-Pot Pasta, Sabrina Fauda-Rôle takes it to new heights as she shares all her favorite ways to cook a delicious mid-week meal at record speed! With a stylish design and chapters covering Meat, Seafood, Vegetarian and Cheese, Sabrina cooks up fresh, fun, and easy recipes, from a classic spaghetti with meatballs to interesting flavor combinations such as pasta with curried carrots and sesame seeds. Sabrina s magic method works with a wide variety of pasta types and shapes. All the ingredients go into one pot, which cooks over a medium heat for 15 minutes. After resting off the heat for 5 minutes, all the dishes are ready to top and serve. One-Pot Pasta shows that even after a long day at work anyone can prepare a hearty, healthy, and delicious supper in under half an hour.



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