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## Reflections on the Teachings of Maharishi - A Personal Journey

By John C Hornburg

1st World Publishing, United States, 2014. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.There is nothing in this book that one must do. No advice is given and there are no rules to follow. Where certain actions would ordinarily be advised for self-improvement, the emphasis is on how the human organism heals itself through self-awareness. This awareness is both on the level of ordinary day-to-day consciousness-where we are aware of our shortcomings- and ultimately on the level of Absolute Pure Consciousness, the source and healer of all things. Nature knows how to heal the organism it created, and the ability of self-knowledge it placed within us is the activating factor. This is the simple ability we all have to see and know. I give you what I have learned from Maharishi only to help you see. For from seeing develops knowing and-at the level of Pure Consciousness-knowing accomplishes everything. John C. Hornburg has been an educator and writer most of his adult life and considers himself a teacher through his writing. In the 1970s he wrote two book-length manuscripts on Maharishi s teachings: The Absolute Theory of Golf and...



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