



## Candy: A Century of Panic and Pleasure

By Kawash, Samira

Faber & Faber, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service!  
Summary: "Lively, engaging, deliciously descriptive . . . Kawash makes a balanced case against accepting ultraprocessed foods at face value. With a helpful heaping of information in every verbal bite, this fascinating social and culinary history gives readers a deeper understanding of the powerful forces at work behind the brightly colored wrappers." Bridget Thoreson, Booklist (starred review) "[The] future, of course, is now, when so-called granola bars, breakfast bars, and energy bars are, in fact, candy bars . . . None of these things, enriched to the hilt though they may be, are any better for us than a Snickers bar. Nor, for the most part, are cookies with whole grains in them, or 'fruit' snacks for children, which Kawash refers to, in what may be my favorite phrase in any book ever, as 'candy training pants'. . . Marvelous." Melanie Rehak, Bookforum "This title is no insubstantial confection. Its thoroughness and documentation will appeal to those with an avid interest in the history of candy consumption and American culture." Courtney Greene, Library Journal "If you're a self-admitted, guilt-ridden sweet-tooth, perhaps Samira Kawash's...



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### Reviews

*This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Ally Reichel**

*This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).*

-- **Prof. Kirk Cruickshank DDS**