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Grandma's Natural Remedies and Ancient Herbal Beauty Recipes Volume 1

By Dueep J Singh, Managing Director John Davidson

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. Grandma's Natural Remedies and Ancient Herbal Beauty Recipes Table of Contents Introduction Monday's Child Is Fair of Face The Healing Power of Infused Oil Remedies for winter-Chilblains Sciatica Stiff Joints. Quit your Bellyachin ! Simple Perfumed Ointments Natural Cures For Summer Ailments Appendix Introduction A couple of years ago, somebody asked me what made me so interested in herbal remedies and natural cures as well as natural beauty recipes? That is when I told him that the wisdom of the ancients had not been garnered together, and would be lost as the generations forgot about asking their old wise ancestors, the Lore which they knew. So I was seven years old, when I decided to myself that I needed to know everything about what my grandmother had learned from her grandmother. And I started writing those ancient natural remedies and beauty recipes down. More than three decades later, I started writing books on natural remedies and natural herbal recipes, which I collected, whenever I went around the countryside. People used to go around looking at the places to visit;...

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